KEEP MORE CASH AT Misimu

ふぶんふぶんふぶん

Mone

This time of year, even the best budgeter may wonder how her holiday spending snowballed. Here's how to avoid the sneaky expenses that bloat your bills and drain your wallet.

BY CHERYL LOCK

PLEASE TURN TO PAGE 122 \rightarrow

Keep More CASH

protects

Now you can

hide your

cold sore...

Lip Clear[®] Invisible Cold Sore

Bandage hides your sore and

protects it from irritants

while it heals.

It's the easiest, most effective,

least expensive way to make

your cold sore disappear.

You can even cover the bandage

with lip gloss and makeup – the

only thing you'll see is how

easy it was to hide.

Cold Sore Bandage Covers, Protects & Concedis

Stores+video on

applying makeup over bandage:

quantumhealth.com

1-800-448-1448

QUANTUM[®]

HEALTH

Available at these and other fine stores

Walgreens

nvisible para el Herpes Labic

Q U A NOT U M

LIP CLEAR

Invisible

soothing relief

can use

makeup

with

***** HIDDEN EXPENSE ***** New Decorations

Replacing a squashed wreath here and a dancing Santa there can get pricey fast. Americans spend roughly \$6 billion on holiday decorations each year, according to the National Retail Federation. That's \$52.18 per person!

SOLUTION

Instead of hitting the stores, get creative with old decorations by repurposing them. Jumbo colored bulbs that don't light up anymore, for example, can be unscrewed and turned into extra ornaments with hanging wire or stacked in a glass vase as a tabletopper. You can also make mini-wreaths with bows out of old tinsel and garland to wrap around glasses and napkins. If you must buy, shop the right places. "Head to thrift stores first, as many people donate holiday decor," says Andrea Deckard, founder and editor of SavingsLifestyle.com.

'Tis the season for merriment, but bringing a bottle of wine to every party adds up, even when you opt for less pricey varieties (\$12 or so). SOLUTION Springing for a case of wine now to dole out all month can save about 20% per bottle. Use whatever you don't give away for your holiday dinners, or as gifts next year. Save even more by buying wines from the Southern Hemisphere (Australia, Argentina or New Zealand), which tend to be

cheaper than other regions.

HIDDEN EXPENSE *

Hostess Gifts

***** HIDDEN EXPENSE ***** Inflated Utility Bills

Lights and lawn ornaments don't glow on their own. In fact, the Department of Energy reports that electricity usage rises nearly 6% on average over the holiday.

SOLUTION Replace traditional string lights with LED ones (they use 70% less energy) or solar-powered lights (for even bigger savings). Usually, Home Depot discounts LED tree lights when you trade in old ones, and the Holiday LEDS String Lights Recycling Program lets you mail in old lights for a 15%-off coupon when you buy new ones at *holidayleds.com*. Also, try a timer attachment, and plug multiple lights into a power strip for easy turn-off.

* HIDDEN EXPENSE Warranties You're at the checkout and think you're good to go when another potential cost pops up at the register: "Would you like to buy our extended warranty

for this item?'

Skip it. Most major-brand electronics are

reliable, and already come with a manufacturer's warranty and a store return policy, so an extended warranty tends not to be worth it. A Consumer Reports study found if the item does break, you'll only save about \$16 rather than paying to fix the item yourself. On the fence? If the warranty is more than 20% of the product's price, definitely pass.

SOLUTION

ADDITIONAL SOURCES: Suzanne Kantra, founder and editor, Techlicious.com. Andy Perdue, owner, Great Northwest Wine.

MAILING GIFTS?

It can be tricky and time-consuming to figure out which service is the most cost-effective. See below for examples of what each one tends to do best, then visit unitedstateszipcodes.org/shippingcalculator, which compares USPS, FedEx and UPS, depending on size and destination, for domestic packages,

FEDEX

BEST FOR:

USPS **BEST FOR:** International packages (if you're not in a rush) and small domestic parcels. especially petite but

Save on

Seasonal

Must-Haves

BUDGET BUSTER:

GIFT WRAP

Americans love pretty presents: We

spend approximately \$3.2 billion on

gift wrap every year. A single 30" x

10' to 14' roll of brand-name holiday

If times are tight, buy a roll of plain

wrapping paper rings up at about \$5!

craft paper, which starts at around \$17

for a 12" x 900' roll. That's roughly 26

times the amount of paper on a single

printed roll. Decorate the plain paper

Christmas. Then in January, stock up

on discounted wrapping paper (and

BUDGET BUSTER:

HOLIDAY CARDS

Individual paper greeting cards can

cost anywhere from 50¢ to \$10 each.

\$2 and \$4. That means you could be

including stamps. Think about using

online e-card services, which allow

you to personalize digital greetings

with most falling somewhere between

spending upward of \$4.50 per person.

gift cards) for next year.

for events all year long, not only at

rushed to its destination. Check out *fedex.com*/ ratefinder. heavy ones (up to 70 lbs). For those, use flat-rate boxes (free at usps.com)

BEST FOR: Any mail that you need Medium to large boxes that you're able to send two or more weeks in advance. Go to ups.com for

UPS

Opt for the ground rate. a pricing guide.

designed to look like snail mail at no cost. Check out *paperlesspost.com* and *bluemountain.com* and browse the "free" category for customized options (some even let you incorporate a personal photo). Other services like punchbowl.com offer free e-cards that can be paired with a digital gift card to restaurants and stores. If you prefer the personal touch of a card in the mailbox, save by ordering yours in a postcard format, which is typically the least expensive. Printed photo cards are pretty, but to share a family photo for less, insert a loose snapshot in the envelope. DIY photo printing starts at 19¢ per photo at CVS, so depending on the cards you buy, you'll save a few dollars for each dozen mailed out.

BUDGET BUSTER: BATTERIES

If you've got kids or electronics lovers on your list, you're going to need lots of batteries come Christmas morning. Even if you only need a few batteries for the holidays, you can buy in bulk to save (about \$20 for a 40-pack at amazon.com); because alkaline batteries last for over five years, that's a good investment. Otherwise, four rechargeable batteries and a charger are about \$25. That's pricier than a regular 4-pack (\$4 to \$8 at the store), but you can charge them hundreds of times before they stop working.

...and treat it at the same time.

Lip Clear[®] Lysine+ Cold Sore **Ointment** has been shown to cut healing time in half*.

Get immediate, soothing relief from painful burning and itching while clearing up your cold sore – fast.

Effective on its own or under our **Invisible Cold Sore Bandage** to promote faster healing.

AMERICA'S **#1** herbal/nutrient treatment



*J. Alt Med 6/05



December 2014 | womansday.com 123



Inspired by nature

122

With us, it's persona