

This time of year, even the best budgeter may wonder how her holiday spending snowballed. Here's how to avoid the sneaky expenses that bloat your bills and drain your wallet.

## Now you can hide your cold sore...

Lip Clear ${ }^{\circledR}$ Invisible Cold Sore Bandage hides your sore and protects it from irritants while it heals. It's the easiest, most effective, least expensive way to make your cold sore disappear. You can even cover the bandage with lip gloss and makeup-the only thing you'll see is how easy it was to hide.


Stores+video on
applying makeup over bandage: quantumhealth.com 1-800-448-1448

Walgreens


* HIDDEN EXPENSE Warranties You're at the checkout and think you're good to go when another potential cost pops up at the register: "Would you like to buy our extended warranty for this item?

SOLUTION Skip it. Most major-brand electronics are manufacturer's warranty and a store return policy, so an extended warranty tends not to be worth it. A Consumer Reports study found if the item does break, you'll only save about $\$ 16$ rather than paying to fix the item yourself. On the Ice? If the warranty is more than $20 \%$ of
the product's price, definitely pass.

## HIDDEN EXPENSE

 Hostess Gifts Tis the season for merriment but bringing a bottle of wine to every party add's up, even when you opt for less pricey varieties (\$12 or so).SOLUTION
Springing for a case of wine now to dole out all month can save about $20 \%$ per bottle. Use whatever you don't give away for your holiday dinners, or as gifts next year. Save even more by buying wines from the Southern Hemisphere (Australia, Argentina r New Zealand), which tend to be cheaper than other regions.

## 桼 HIDDEN EXPENSE 绿

New Decorations Replacing a squashed wreath here and a dancing Santa there can get pricey fast. Americans spend roughly $\$ 6$ billion on holiday decorations each year, according to the National Retail Federation. That's $\$ 52.18$ per person!

## SOLUTION

 Instead of hitting the stores, get creative with old decorations by repurposing them. Jumbo colored bulbs that don't light up anymore, for example, can be unscrewed and turned into in a glass vase as a tabletopper You can also make mini-wreaths with bows out of old tinse and garland to wrap around glasses and napkins. If you must buy, shop the right places "Head to thrift stores first, as many people donate holiday decor," says Andrea Deckard, founder and editor of SavingsLifestyle.com.
## ...and treat it at the same time.

Lip Clear ${ }^{\circledR}$ Lysine+ Cold Sore Ointment has been shown to cut healing time in half*.

Get immediate, soothing relief from painful burning and itching while clearing up your cold sore-fast.
Effective on its own or under our Invisible Cold Sore Bandage to promote faster healing.

AMERICAS * 1 herbal/nutrient treatmen

## BUDGET BUSTER: GIFT WRAP

Americans love pretty presents: W spend approximately $\$ 3.2$ billion on gift wrap every year. A single 30" $x$ $10^{\prime}$ to 14 ' roll of brand-name holiday wrapping paper rings up at about $\$ 5$ ! If times are tight, buy a roll of plain craft paper, which starts at around $\$ 17$ for a $12 \times 900$ roll. That's roughly 26 minted all for events all year long pot paper Christmas. Then in January stock up on discounted wrapping paper (and gift cards) for next year.

## BUDGET BUSTER:

## HOLIDAY CARDS

 Individual paper greeting cards can cost anywhere from $50 \$$ to $\$ 10$ each, with most falling somewhere between $\$ 2$ and $\$ 4$. That means you could be spending upward of $\$ 4.50$ per person,£ including stamps. Think about using you to personaize dig tareeting
designed to look like snail mail at no cost. Check out paperlesspost.com the "free" category for customized options (some even let you incorporate a personal photo). Other services like punchbowl.com offer free e-cards that can be paired with a digital gift card to restaurants and stores. If you prefer the personal touch of a card in the mailbox, save by ordering yours in a postcard format, which is typically the least expensive. Printed photo cards are pretty, but to share a family photo for less, insert a loose snapshot in the envelope. DIY photo printing starts at 19¢ per photo at CVS, so depending on the far dollars for each dozen mailed out.

## BUDGET BUSTER

If you've got kids or electronics lovers on your list, you're going to need lots Even if you only need a few batteries for the holidays you can buy in bulk to save (about $\$ 20$ for a 40-pack at amazon.com); because alkaline batteries last for over five years, that's a good investment Otherwise four rechargeable batteries and a charger are about $\$ 25$. That's pricier than a regular 4-pack ( $\$ 4$ to $\$ 8$ at the store) but you can charge them hundreds of times before they stop working

